

Intersectional Privilege - Invisible Knapsack Activity

Complete this activity individually, checking next to the statements that apply to you. You will not have to turn this in!

- I identify as white.
 - I am a U.S. citizen.
 - I have never been discriminated against because of my skin color.
 - I have never been the only person of my race in a room.
 - When people hear me speak, they don't ask me where I'm from.
 - Strangers can consistently pronounce my name properly.
 - The language I speak in school is the same as the primary language I speak at home.
 - I have never been told that the way I usually speak is not "proper English."
 - I have never been told I am attractive "for my race."
 - I have never been a victim of violence because of my race.
 - I have never been called a racial slur.
 - I have never been told I "sound white."
 - A stranger has never asked to touch my hair, or asked if it is real.
 - The people in power in my city look like me.
 - I can go shopping alone most of the time, pretty assured that I will not be followed or harassed.
 - I can do well in a challenging situation without being called a credit to my race.
 - I am never asked to speak for all the people of my racial group.
 - For the most part, if I ask to talk to the "person in charge," I will be facing a person of my race.
 - If a traffic cop pulls me over, I can be sure I haven't been singled out because of my race.
 - I don't have to think about my racial identity every day. I can decide when and where I think about it.
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- I identify as heterosexual.
 - I have never lied about or tried to hide my sexuality
 - I never had to "come out" or tell anyone about my sexual orientation
 - I never doubted my parents' acceptance of my sexuality.
 - I have never been called a derogatory slur based on my sexual orientation
 - I am always comfortable with P.D.A. with my partner in public.
 - I have never pretended to be "just friends" with my significant other.
 - I have never been ostracized by my religion for my sexual orientation.
 - I have never been told that my sexuality is "just a phase."
 - I have never been violently threatened because of my sexuality.
 - I don't have to think about my sexual orientation every day. I can decide when and where I think about it.
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- I identify as a cis-male.
 - I feel comfortable in the gender I was assigned at birth.
 - I still identify as the gender I was assigned at birth.
 - I can access bathrooms easily without worrying about finding a gender neutral or accessible bathroom.
 - I have never felt unsafe because of my gender.
 - I have never been catcalled.
 - My gender is well represented in my classes or my place of work.
 - I don't have to think about my gender identity every day. I can decide when and where I think about it.

- My family and I have never lived below the poverty line.
 - I have never been homeless.
 - I don't rely on public transportation.
 - I grew up in a two-parent household
 - I buy new clothes at least once a month.
 - My family can afford music/sports/etc. lessons outside of school.
 - My family has never had to worry about making rent/paying bills.
 - I went to summer camp.
 - I go to an independent school.
 - I have my own car.
 - I have traveled internationally.
 - I've never skipped a meal to save money.
 - My family took me to museums or theaters growing up.
 - I don't have to think about money or my socio-economic identity every day. I can decide when and where I think about it
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- I can use public transportation easily.
 - I do not have to think about my daily pain level when planning events or activities.
 - I do not require daily medication to function.
 - I can do common activities (speaking/walking) without drawing unwanted attention.
 - Others don't get frustrated with me in public for needing special accommodations or holding up lines.
 - I am able to move around on sidewalks, in stores, and in other people's homes without major difficulty.
 - I don't need to rely on any form of assistive technology to get information everyone else has access to. (Braille/ASL translation)
 - I can do well in a difficult situation without being told what an inspiration I am.
 - I've never tried or had to hide my relationship with mental health.
 - I've never been called "crazy," "insane," or other derogatory terms because of my mental health.
 - My mental health is not something I have to think about every day.
 - My mobility/physical ability is not something I have to think about every day.
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- I have never been shamed for my religious beliefs.
 - People outside my religion know the holidays/special practices of my religion.
 - I have never been violently threatened or attacked for my religious beliefs.
 - There is a place of worship for my religion in my town.
 - I am not nervous in airport security lines.
 - I have never been called a terrorist.
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- I have never been bullied for any of my identities.
 - I have never tried to distance myself from any of my identities.
 - I have never been self-conscious about any of my identities.
 - I have never questioned any of my identities.
 - I feel privileged because of the identities I was born with.

Statements from the Invisible Knapsack Activity were pulled from the following resources:

https://www.buzzfeed.com/regajha/how-privileged-are-you?utm_term=.bbdOjnQwoB#.co464z9nOD

<https://connectability.ca/Garage/wp-content/uploads/2015/05/Move-Into-The-Circle-Activity.pdf>

<https://www.pcc.edu/resources/illumination/documents/invisible-knapsack-role-play-anti-racism-exercise.pdf>

This list is not exhaustive.