

Mosaic Outdoor Project Songbook

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Amani (Serian's Song)

© 2003 The Mosaic Project
Music and Lyrics by Serian Leti Strauss

In Swahili:

Tuimbe pamoja
Kubadilisha dunia.
Sisi watoto pamoja
Ni uso, mwili, kichwa wa dunia.

CHORUS x2

**Sauti moja, sauti moja
Kwa amani na usalama**

Upindi wa mvua
Ni utulivu na raha.
Sisi watoto pamoja
Ni rangi inchi zote za dunia.

CHORUS

In English:

Let's sing together
To change the world.
We, the children together
Are the face, the body and head of the world.

CHORUS

**One voice, one voice
In peace, in safety**

A rainbow
Is serenity and joy.
We, the children, together
Are all the colors, all the countries of the world.

CHORUS

The Assertiveness Song

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Music by Andrew Ignacio, Lyrics by Emily Abad, Andrew Ignacio, Christopher John Lindstrom, Lara Mendel, Kara Murray and Christian Tizon

When you're passive you shrink back
And use a weak voice.
When you're aggressive you spread poison
And try to force a choice.
Assertive is the answer
It's strong without being mean.
Stop the poison, Spread peace.
Come on, let's sing!

CHORUS

**It's your body language,
What you say
And how you say it. x3**

**'Cause your SUPERPOWER
Is assertiveness!**

**Calm, cool, collected, confident and clear.
You gotta be calm, cool, collected confident
And clear.**

It's okay to say no
To a hurt person or a friend.
And allies who can empathize
Are sure to lend a hand.
Do what you gotta do
As many times as it takes.
Respect. Connect.
Protect your space!

CHORUS

B.B. Wolf

© 2022 The Mosaic Project
Music & Lyrics by Chano Tizon, Verse by Do D.A.T.

PRE-CHORUS

I'm "the Big Bad Wolf" they say,
"Why did you scare that girl away?"
You don't even know me
So why you trying to tell me?
I tried and I tried
Misunderstandings really get to me
Take another deep breath
Calm the storm within your chest
When they go low you know the
rest

CHORUS

It's times like this,
I ain't acting like I know I should
You got me labeled "Big Bad Wolf"
And now you got me howling at the
moon.

You don't know me
You only know the rumors
my reputation precedes me,
So, as soon as you meet me
You jump to conclusion
Why?
'Cause I'm a "bad man?"
I did what I had to do
Can I – get a little empathy?
Put ya ten toes inside my shoes
And move like I – mean,
take walk with me,
try to see me
or who I am
not just the faults in me

You might identify,
Might even evolve with me
Love – you ever try to just talk to me?
Look,
I don't bite
But let's just keep it polite
The fact of the matter,
The bigger the badder
But sometimes just hype

PRE-CHORUS

CHORUS x2

BRIDGE

I've been labeled something I'm not
I've been prejudged and it hurts me a
lot
Now you don't see me like I am just
lost
I just need time to work out all these
thoughts
Now you don't see me like I am just
lost
I just need time to work out all these
thoughts
Yea hella mad but more than that
I feel like I never got a chance
And that's just sad

PRE-CHORUS

CHORUSx2

Dance and Be Free

© 2003 The Mosaic Project

Music by Brett Dennen, Lyrics by Brett Dennen and Lara Mendel

CHORUS

**We can live in equality
Embracing our diversity.
Break down the walls
So we can dance and be free.
Let's start with you and me.**

I wear glasses cause my eyes are weak.
Kids make fun of me, call me names like geek.
That's stereotyping
Labeling me
Telling me what I can or cannot be.
Building boxes that confine you and me.
Let's break out and be free.

CHORUS

I am a little girl. I'm not very tall.
You tell me I'm not good enough to play basketball.
That's prejudice
Judging me without knowing me
Telling me what I can or cannot be.
Building boxes that confine you and me.
Let's break out and be free.

CHORUS

You say you don't like me.
You tell me that I don't fit in.
You won't let me eat lunch with you
Cause of the color of my skin.
That's discrimination, an action based on prejudice and stereotyping
Telling me what I can or cannot be.
Building boxes that confine you and me.
Let's break out and be free.

CHORUS

Don't Laugh at Me

© 1998 Sony Music/Built on Rock Music
Music and Lyrics by Steve Seskin & Allen Shamblin

I'm the little boy with glasses
The one they call a geek.
A little girl who never smiles
Cause I've got braces on my teeth.
And I know how it feels
To cry myself to sleep.

I'm that little kid on every playground
Who's always chosen last.
A single teenage mother
Trying to overcome my past.
You don't have to be my friend
But is that too much to ask?

CHORUS

**Don't laugh at me.
Don't call me names.
Don't get your pleasure from my pain.
Deep inside we're all the same.
We all need hope and care and love.
Don't laugh at me.**

I'm the beggar on the corner.
You've passed me on the street,
And I wouldn't be out here begging
If I had enough to eat.
And don't think I don't notice
That our eyes never meet.

CHORUS

**I'm rich.
I'm poor.
I'm big.
I'm small.
I'm deaf.
I'm blind.
Does it really matter, after all?**

Empathy Song

© 2003 The Mosaic Project

Music by Brett Dennen, Lyrics by Brett Dennen and Lara Mendel

**I don't know what it's like to be you.
I don't know what you have to go through.
But I can try to see the world through your eyes.
Put myself in your shoes
And empathize.
Emphasize?
No no no no empathize
Not emphasize
But empathize.
Entropy?
No no no no empathy
Not entropy
But empathy.**

Every story has more than one side.
It's not about what's wrong or right.
Who's to judge what's good or bad?
What makes me laugh might make you mad.
Let's try to make a deal.
We'll listen to each other and see how the other feels.
With empathy we can understand.
We can solve our problems and make amends.

CHORUS

Everybody's got a different point of view.
How would I feel if I were you?
Some people think this, some people think that.
I'm telling you empathy is where it's at.
We can solve our problems by talking and listening.
Instead of judging we can look at things differently.
Write to Congress and get them to see
Instead of fighting, we can try to use empathy.
Not entropy, but empathy.

CHORUS

Fighting Is Not the Solution

© 2003 The Mosaic Project

Music by Brett Dennen, Lyrics by Brett Dennen and Lara Mendel

CHORUS x4

**Fighting is not the solution.
Try conflict resolution.**

Stop, cool off, and take a deep breath.
When you get angry don't lose your head.
Tell each other the way you feel.
Don't scream, don't shout.
Use your words not your fists
To work it out.

CHORUS

Listen to each other.
Find out what you both need.
Stand in each other's shoes.
Practice a little empathy.
Make a plan that you both like
And go for it.
No problem ever gets solved
By fighting over it.

CHORUS

I'm going to use my I statements **x4**

I feel...
When I...
Because I need...
And could you...

CHORUS

If I Were an ET

© 2003 The Mosaic Project

Music by Brett Dennen, Lyrics by Brett Dennen and Lara Mendel

CHORUS

**The world would look a lot different
to me**

IF I WERE AN ET!

**The world would look like a smaller
place**

IF I WERE FROM OUTER SPACE!

From the smallest flea

To the largest tree

***THEY'D ALL JUST BE EARTHLINGS
TO ME!***

We all share the earth.

We're all intertwined

Through all of history

Through the web of time.

Coming from a galaxy far far away
Cause there's just something I got to
say.

I've been watching planet earth for a
long long time.

I'd like to share my little rhyme.

Everything is connected and
intertwined

Through all of history

Since the beginning of time.

I've seen tiny seeds

Grow up to be trees

And fall back into the earth eventually.

That's not the end of the energetic
flow.

They break down into the ground
For new life to grow.

I've watched Gandhi flow down the
nonviolent stream

And heard Martin Luther King say "I
have a dream."

The acts of the past have shaped you
and me.

Our acts in the present shape the
future we'll see.

CHORUS

If I were an ET what would I see?

I'd see a world that should be living in
harmony.

A child, a chipmunk, a chimpanzee

Moss, a mushroom, or salty seaweed

One world, one love, one family

Without hate, or oppression, or war, or
greed.

But things aren't that way
unfortunately

So we should all work together to live
in peace.

Whether you're Polish, Portuguese,
Sioux, or Shawnee

In a house, a hut, or a teepee

No matter what language you speak or
what you believe

We all share the responsibility.

The acts of the past have shaped you
and me

Our acts in the present shape the
future we'll see.

CHORUS

***Shake your extraterrestrial! Shake
your extraterrestrial!***

CHORUS

It's All Right to Cry

© 1972 Free to Be Foundation, Inc.
Music and Lyrics By Carol Hall

CHORUS

**It's all right to cry.
Crying gets the sad out of you.
It's all right to cry.
It might make you feel better.**

Raindrops from your eyes
Washing all the mad out of you.
Raindrops from your eyes.
It might make you feel better.

It's all right to feel things
Though the feelings can be strange.
Feelings are such real things
And they change and change
And change.

Sad and grumpy
Down in the dumpy
Snuggly huggly
Mean and ugly
Sloppy slappy
Hoppy happy
Change and change and change

It's all right to know
Feelings come and feelings go.
And it's all right to cry.
It might make you feel better.

CHORUS

Listening Song

© 2022 The Mosaic Project

Music & Lyrics by Chano Tizon & Al Staples, Verse by Khemnes Fisher

CHORUS

Are you listening?
With your eyes
And your ears
Make sure you're listening
With you heart
And your feelings
I know you're listening
When you can repeat it
Listen up!
'Cause peace ain't easy

BRIDGE

I could use your help
I don't think can do this by myself

I got something important to tell you
Gather around
I'd rather not shout it
Come in closer
And show me you hear me
Snap if you feel me
Clap if you with me
I know distractions can happen
Find your way back in
Ask yourself

CHORUS x2

BRIDGE

Yo, can I get a word from the wise?
To combat the rhythm
The myth
The lies
It's like,
Talking to a crowd
That can't really hear
Surrounded by people
Do they really care?
How will I know?
Unless you're willing to show
Your open heart and mind
And let your words flow
I will listen to you
And you will listen to me
Just by listening
We can spread peace

CHORUS x2

The Lost Sock Blues

© 2018 The Mosaic Project

Music by Christian Tizon, Lyrics by Sandra Martin-Dent & Christabel Nunoo

CHORUS

The lost sock blues (*the lost sock blues!*)
The lost sock blues (*the lost sock blues!*)
Got feet, I've got shoes (*the lost sock blues!*)
They ain't nothing without you (*the lost sock blues!*)
Can this be true
I wish I knew

Got a story to tell
Didn't go very well
Downtime at the pool
I was actin' a fool
Was changin' my clothes
Looked down at my toes
Oh where'd my sock go?

CHORUS

My sock's all alone
They ain't got no home
I was in such a rush
Now I miss em' so much
Left em' lying around
All over the ground
Now they're in Lost & Found
Sing it with me!

The lost sock blues (*the lost sock blues!*)
The lost sock blues (*the lost sock blues!*)
Got feet, I've got shoes (*the lost sock blues!*)
They ain't nothing without you (*the lost sock blues!*)
I am so blue
What will I do?

I am so blue
What will I do?

Make It Fair

© 2022 The Mosaic Project

Music by Theresa Perez

Lyrics by Annabelle Baylin

CHORUS x2

**If something needs repair
We can unite to make it fair**

If an unfair rule hurts you,
It hurts me too
Let's stand up and
Make a change,
There's so much we can do
It ain't you against me
Working together sets us free
No challenge too big
We dream of new possibilities

CHORUS x2

If an unfair rule hurts you,
It hurts me too
Let's stand up and
Make a change,
There's so much we can do
It ain't you against me
Working together sets us free
No challenge too big
We dream of new possibilities

CHORUS x3

M. O. S. A. I. C. Is the Place to Be

© 2022 The Mosaic Project

CHORUS x2

M – O – S – A – I – C

Everyone knows that it's the place to be

Mosaic

Let me hear you say it

Mosaic!

Mosaic!

Mosaic in Action

© 2022 The Mosaic Project
Music & Lyrics by Freya Forstall

CHORUS

**Fighting for what's right in the world around me,
Improving my community.
Stopping injustice that you and I see
That's Mosaic in Action, stand up assertively!**

We're interconnected so we're allies to our friends.
We use our empathy to understand them.
We assertively protest, when we see something wrong.
We walk out, or sit in, or even write a song!

CHORUS

**Fighting for what's right in the world around me
Improving my community!
Stopping injustice that you and I see
That's being a Mosaic citizen to me!**

What do you care about and what are you going to do?
Raise your voice high and follow through.
The government's branches and leaders count on you
You have the tools and the power to get them to listen to you!

BRIDGE

But it can be hard, when I look around me
And hurt is what I see
Change isn't easy but together we
Can see a world of equality!

CHORUS x2

**Fighting for what's right in the world around me
Improving my community
Stopping injustice that you and I see
That's Mosaic in Action (—to me!)**

The Mosaic Project Theme Song

© 2001 The Mosaic Project

Music by Brett Dennen, lyrics by Brett Dennen and Lara Mendel

M is for MUTUAL RESPECT

Don't put me down and don't hurt me.

O is for OPEN MINDEDNESS

See me for who I am and don't judge me.

S is for SELF RESPECT and

A is for ATTITUDE

You gotta love yourself and stay positive.

I is for INDIVIDUALITY and

C is for COMMUNITY

When we come together in the places we live.

MO MO MO MO MO saic x8

And if we live by these lessons
And spread them across land and sea
We can create a better future
And live together in peace.

Paz

© 2003 The Mosaic Project

Music by Brett Dennen, Lyrics by Brett Dennen and Lara Mendel

In Spanish:

**Somos los niños.
Somos el futuro.
Queremos paz.
Tendremos paz.
Trabajamos por la paz.
Tendremos paz.
Queremos paz.
Tendremos paz.**

**Tenemos mentes.
Pensamos paz.
Tenemos corazones.
Sentimos paz.
Tenemos almas.
Somos paz.
Paz vendrá, paz vendrá.**

In English:

**We are the children.
We are the future.
We want peace.
We will have peace.
We work for peace.
We will have peace.
We want peace.
We will have peace.**

**We have minds.
We think peace.
We have hearts.
We feel peace.
We have souls.
We are peace.
Peace will come, peace will
come.**

Peace Blockers

© 2022 The Mosaic Project
Music & Lyrics by Gyasi Ross

There are three feelings
That block us from peace.
Preventing empathy,
Stopping us from connecting.
You might feel guilty
“I’m such a bad person,”
“I’m always hurting everyone else.”

CHORUS x2

**These are peace blockers
Stopping us from being ourselves
These are peace blockers
They hurt and they never help.**

You might be defensive
“I didn’t do wrong here.”
Ignoring their thoughts
And their perspective.
You can blame someone
“Well it’s all your fault,”
“You did this to me.”
Giving away all your power.

CHORUS x2

BRIDGE

This can happen to anyone
Check n with yourself
Take a deep breath
“Am I feeling guilty, blaming, or defensive?”

CHORUS x3

Peace High Five

© 2022 The Mosaic Project
Chorus by the Mosaic Team
Music & lyrics by Will Harper

CHORUS x3

High five

Flip it

Drip it

Jelly fish it out

Peace!

Jelly fish it out

Peace!

Jelly fish it out

Peace!

Mix it up

Sessle up

Say what's up

to someone else

Next to someone

You don't know

We call this

The Stretch Zone

What's your fears?

What's your goals?

Values?

You know how it goes

Sing along "Mamamo"

Tell me when to go

Every night we got a show

Every night we got a show

Touching hearts across the globe

Touching hearts across the globe

Spreading peace up in my neighborhood

Peace!

Follow what I do

CHORUS x3

Pick It Up (Homesickness Song)

© 2022 The Mosaic Project
Music & Lyrics by Chano Tizon

I know that new places get scary, I know
You know yourself better than anyone else.
And even when your lonely you're not alone
And there is no place in the world that feels
like home
And you're never alone, somebody feels
exactly like you do
Break out of this mood with some
Awesome-Attitude

PRE-CHORUS

'Cause you're here now
'Need you to seshle around
Mix it up somehow
So you don't miss out

CHORUS x2

Sing and shout
Shake it all about
When you're feeling down
Pick it up, up, up

Let's make this new place feel like home
And the seasons will change just like you will
Against all the odds you would have grown
Because whoever you become isn't set in
stone
And you're never alone, somebody feels
exactly like you do
Break out of this mood with some
Awesome-Attitude

PRE-CHORUS

CHORUS

Let's make this place feel like home
And the seasons will change just like you will
Against all the odds, you will have grown
Because whoever you become isn't set in
stone

PRE-CHORUS

CHORUS

BRIDGE x3

Everybody gets homesick just a little bit

CHORUS

BRIDGE

CHORUS x2

Salaam

© 1997 Sheva/Globalev
Music and Lyrics by Sheva

In Hebrew and Arabic:

**Od yavoh shalom aleinu x3
Ve al koolam.**

**Salaam.
Aleinu ve al kol ha'olam.
Salaam. Salaam. x2**

In English:

Peace will come to us and to everyone.

Peace to us and to the whole world.
Peace. Peace.

We are the Mosaic (The Closing Song)

© 2001 The Mosaic Project

Music by Brett Dennen, Lyrics by Brett Dennen and Lara Mendel

CHORUS

**We are all the many tiles, so different and unique
Bound together in strength and unity.
We all make the Mosaic
Of our community
And help the world to live in harmony.**

We must all do our share
To carry on what we learned here.
We can teach our sisters and brothers
To appreciate ourselves and others.

Celebrate diversity.
Feel free to be who you want to be.
You can depend on me.
Let's work to build community.

CHORUS

Teamwork and cooperation
Empathy and communication
Prejudice we won't tolerate.
We shall not discriminate.

Celebrate diversity.
Feel free to be who you want to be.
You can depend on me.
Let's work to build community.

CHORUS