

# Mosaic Outdoor Project

## Campfire Songbook with Chords

1. Amani (Serian's Song)
2. The Assertiveness Song
3. B.B. Wolf
4. Dance and Be Free
5. Don't Laugh At Me
6. Empathy Song
7. Fighting Is Not the Solution
8. If I Were an ET
9. It's All Right to Cry
10. Listening Song
11. The Lost Sock Blues
12. Make It Fair
13. M.O.S.A.I.C Is the Place to Be
14. Mosaic In Action
15. The Mosaic Project Theme Song
16. Paz
17. Peace Blockers
18. Peace High-Five
19. Pick It Up (Homesickness Song)
20. Salaam
21. We Are the Mosaic (The Closing Song)



# **Amani (Serian's Song)**

© 2003 The Mosaic Project  
Music and Lyrics by Serian Leti Strauss

*In Swahili:*

G Cadd9 A7sus4 D  
Tuimbe pamoja  
Kubadilisha dunia.  
Sisi watoto pamoja  
G Cadd9 A7sus4 G/B  
Ni uso, mwili, kichwa wa dunia.

G C  
**Sauti moja, sauti moja**  
Am D (second time: G/B)  
**Kwa amani na usalama x2**

Upindi wa mvua  
Ni utulivu na raha.  
Sisi watoto pamoja  
Ni rangi inchi zote za dunia.

**CHORUS**

# The Assertiveness Song

© 2015 The Mosaic Project

Music by Andrew Ignacio, Lyrics by Emily Abad, Andrew Ignacio, Christopher John Lindstrom, Lara Mendel, Kara Murray and Christian Tizon

When you're passive you shrink back

And use a weak voice.

When you're aggressive you spread poison

And try to force a choice.

Assertive is the answer

It's strong without being mean.

Stop the poison, Spread peace.

Come on, let's sing!

It's your body language, what you say, and how you say it.

It's your body language, what you say, and how you say it.

It's your body language, what you say, and how you say it

'Cause your SUPERPOWER ... is assertiveness!

Calm, cool, collected, confident and clear.

You gotta be calm, cool, collected, confident and clear.

It's okay to say no  
To a hurt person or a friend.  
And allies who can empathize  
Are sure to lend a hand.  
Do what you gotta do  
As many times as it takes.  
Respect. Connect.  
Protect your space!

**CHORUS**

# **B.B. Wolf**

© 2022 The Mosaic Project

Music & lyrics by Chano Tizon, verse by Do D.A.T.

Em C7  
I'm "the Big Bad Wolf" they say,  
G7 B7  
"Why did you scare that girl away?"  
You don't even know me  
So why you trying to tell me?  
I tried and I tried  
Misunderstandings really get to me  
Take another deep breath  
Calm the storm within your chest  
When they go low you know the rest

G C7  
It's times like this,  
G B7  
I ain't acting like I know I should  
G C7  
You got me labeled "Big Bad Wolf"  
C7 Bm  
And now you got me howling at the  
Am G  
moon.

(Em – C7 – G7 – B7 progression)

You don't know me  
You only know the rumors  
my reputation precedes me,  
So, as soon as you meet me  
You jump to conclusion  
Why?  
'Cause I'm a "bad man?"  
I did what I had to do  
Can I – get a little empathy?  
Put ya ten toes inside my shoes  
And move like I – mean,

take walk with me,  
try to see me  
or who I am  
not just the faults in me  
You might identify,  
Might even evolve with me  
Love – you ever try to just talk to me?  
Look,  
I don't bite  
But let's just keep it polite  
The fact of the matter,  
The bigger the badder  
But sometimes just hype

**PRE-CHORUS**

**CHORUS x2**

**BRIDGE**

(Em – C7 – G7 – B7 progression)

I've been labeled something I'm not  
I've been prejudged and it hurts me a lot  
Now you don't see me like I am just lost  
I just need time to work out all these  
thoughts  
Now you don't see me like I am just lost  
I just need time to work out all these  
thoughts  
Yea hella mad but more than that  
Feel like I never got a chance  
And that's just sad

**PRE-CHORUS**

**CHORUS x2**

# Dance and Be Free

© 2003 The Mosaic Project

Music by Brett Dennen, Lyrics by Brett Dennen and Lara Mendel

Am F G C  
We can live in equality  
Am F G C  
Embracing our diversity.  
Am F G C  
Break down the walls so we can dance and be free.  
Am F C  
Let's start with you and me.

C F  
I wear glasses cause my eyes are weak.  
G C  
Kids make fun of me, call me names like geek.  
C F  
That's stereotyping, labeling me  
G C  
Telling me what I can or cannot be.  
C F  
Building boxes that confine you and me.  
G C  
Let's break out and be free.

## **CHORUS**

(Am – F – G – C progression)  
I am a little girl. I'm not very tall.  
You tell me I'm not good enough to play basketball.  
That's prejudice  
Judging me without knowing me  
Telling me what I can or cannot be.  
Building boxes  
That confine you and me.  
Let's break out and be free.

## **CHORUS**

(Am – F – G – C progression)  
You say you don't like me.  
You tell me that I don't fit in.  
You won't let me eat lunch with you  
Cause of the color of my skin.  
That's discrimination. An action based on prejudice  
and stereotyping  
Telling me what I can or cannot be.  
Building boxes  
That confine you and me.  
Let's break out and be free

# Don't Laugh at Me

© 1998 Sony Music/Built on Rock Music  
Music and Lyrics by Steve Seskin & Allen Shamblin

<sup>C</sup>  
I'm the little boy with glasses, the one they call a geek.  
<sup>Am</sup>  
I'm the girl who never smiles, cause I've got braces on my teeth.  
<sup>F</sup> <sup>Dm</sup> <sup>G</sup>  
And I know how it feels to cry myself to sleep.

I'm that little kid on every playground, who's always chosen last.  
A single teenage mother, trying to overcome my past.  
You don't have to be my friend, but is that too much to ask?

<sup>C</sup>  
**Don't laugh at me.**  
<sup>Am</sup>  
**Don't call me names.**  
<sup>F</sup> <sup>G</sup>  
**Don't get your pleasure from my pain.**  
<sup>C</sup> <sup>Am</sup>  
**Deep inside we're all the same.**  
<sup>F</sup> <sup>G</sup>  
**We all need hope and care and love.**  
<sup>C</sup>  
**Don't laugh at me.**

I'm the beggar on the corner, you've passed me on the street,  
And I wouldn't be out here beggin' if I had enough to eat.  
And don't think I don't notice that our eyes never meet.

## **CHORUS**

(C – Am – F – G progression)  
I'm rich, I'm poor.  
I'm big, I'm small.  
I'm deaf, I'm blind.  
Does it really matter, after all

# Empathy Song

© 2003 The Mosaic Project

Music by Brett Dennen, Lyrics by Brett Dennen and Lara Mendel

G G Em C  
I don't know what it's like to be you, and  
G G C Am  
I don't know what you have to go through, but  
I can try to see the world through your eyes.  
Put myself in your shoes, and what? And empathize.  
Emphasize? No no noooooohoo empathize not  
Emphasize. But empathize.  
Entropy? No no noooooohoo empathy not  
Entropy. But empathy.  
G C D  
"Ohhhh"

C G  
Every story has more than one side.  
D G  
It's not about what's wrong or right.  
C G  
Who's to judge what's good or bad?  
A D  
What makes me laugh might make you mad.  
C G  
Let's try to make a deal.  
D G  
We'll listen to each other and see how the other feels.  
C G  
With empathy we can understand.  
A D  
We can solve our problems and make amends.  
D  
One Two Three Four!

## **CHORUS**

Everybody's got a different point of view.  
How would I feel if I were you?  
Some people think this, some people think that.  
I'm telling you empathy is where it's at.  
We can solve our problems by talking and listening.  
Instead of judging we can look at things differently.  
Write to Congress and get them to see  
Instead of fighting, we can try to use empathy.  
Not entropy, but empathy.

## **CHORUS**



# Fighting Is Not the Solution

© 2003 The Mosaic Project

Music by Brett Dennen, Lyrics by Brett Dennen and Lara Mendel

C G  
Fighting is not the solution  
Am F G  
Try conflict resolution x4

C G Am F G  
Stop, cool off, and take a deep breath.  
C G Am F G  
When you get angry don't lose your head.  
C G Am F G  
Tell each other the way you feel don't scream, don't shout.  
C G Am F G  
Use your words not your fists to work it out.

## **CHORUS**

Listen to each other find out what you both need.  
Stand in each other's shoes and practice a little empathy.  
Make a plan that you both like and go for it.  
No problem ever gets solved by fighting over it.

## **CHORUS**

C G  
Gonna use I statements, I'm  
Am F G  
gonna use my I statements, I'm x4  
  
C G Am F G  
I feel (very sad)  
C G Am F G  
When I (am singing all by myself)  
C G Am F G  
Because I need (community and fun)  
C G Am F G  
And could you (sing and dance with me!)

## **CHORUS**

# **If I Were an ET**

© 2003 The Mosaic Project

Music by Brett Dennen, Lyrics by Brett Dennen and Lara Mendel

## **CHORUS**

**The world would look a lot different  
to me**

***IF I WERE AN ET!***

**The world would look like a smaller  
place**

***IF I WERE FROM OUTER SPACE!***

**From the smallest flea**

**To the largest tree**

***THEY'D ALL JUST BE EARTHLINGS  
TO ME!***

**We all share the earth.**

**We're all intertwined**

**Through all of history**

**Through the web of time.**

Coming from a galaxy far far away  
Cause there's just something I got to  
say.

I've been watching planet earth for a  
long long time.

I'd like to share my little rhyme.

Everything is connected and  
intertwined

Through all of history

Since the beginning of time.

I've seen tiny seeds

Grow up to be trees

And fall back into the earth eventually.

That's not the end of the energetic  
flow.

They break down into the ground  
For new life to grow.

I've watched Gandhi flow down the  
nonviolent stream

And heard Martin Luther King say "I  
have a dream."

The acts of the past have shaped you  
and me.

Our acts in the present shape the  
future we'll see.

## **CHORUS**

If I were an ET what would I see?

I'd see a world that should be living in  
harmony.

A child, a chipmunk, a chimpanzee

Moss, a mushroom, or salty seaweed

One world, one love, one family

Without hate, or oppression, or war, or  
greed.

But things aren't that way  
unfortunately

So we should all work together to live  
in peace.

Whether you're Polish, Portuguese,  
Sioux, or Shawnee

In a house, a hut, or a teepee

No matter what language you speak or  
what you believe

We all share the responsibility.

The acts of the past have shaped you  
and me

Our acts in the present shape the  
future we'll see.

## **CHORUS**

***Shake your extraterrestrial! Shake  
your extraterrestrial!***

## **CHORUS**

# It's All Right to Cry

© 1972 Free to Be Foundation, Inc.  
Music and Lyrics By Carol Hall

*(chords to play if capo is on 5<sup>th</sup> fret)*

F (C)                      Bb (F)  
It's all right to cry.  
Gm7 (Dm7)              F (C)  
Crying gets the sad out of you.  
F (C)                      Bb (F)  
It's all right to cry.  
Gm7 (Dm7)                      F (C)  
It might make you feel better.

Raindrops from your eyes  
Washing all the mad out of you.  
Raindrops from your eyes.  
It might make you feel better.

Dm (Am)              Am (Em)  
It's all right to feel things  
                    Bb (F)                      F (C)  
Though feelings can be strange.  
Dm (Am)                      Am (Em)  
Feelings are such real things  
                    Bb (F)                                      C (G)  
They change and change and change.

F (C)  
Sad and grumpy down in the dumpy  
C (G)  
Snuggly huggly mean and ugly  
Am (Em)                      Dm (Am)  
Sloppy slappy hoppy happy  
Bb (F)                      C (G)                      F (C)  
Change and change and change

It's all right to know  
Feelings come and feelings go.  
And it's all right to cry.  
It might make you feel better.

# Listening Song

© 2022 The Mosaic Project  
Music & lyrics by Chano Tizon & Al Staples  
Verse written by Khemnes Fisher

<sup>D</sup>  
Are you listening?  
<sup>A</sup> <sup>C</sup>  
With your eyes and your ears  
<sup>D</sup>  
Make sure you're listening  
<sup>D</sup> <sup>D</sup>  
With your heart and your feelings  
<sup>D</sup>  
I know you're listening  
<sup>A</sup> <sup>C</sup>  
When you can repeat it  
<sup>D</sup> <sup>D</sup> <sup>D</sup>  
Listen up! 'Cause peace ain't  
easy

## **BRIDGE**

<sup>D</sup> <sup>A</sup>  
I could use your help  
<sup>C</sup> <sup>D</sup>  
I don't think I can do this by myself

<sup>D</sup> <sup>A</sup>  
I got something important to tell  
you  
<sup>C</sup> <sup>D</sup>  
Gather around I'd rather not shout it  
Come in closer and show me you  
hear me  
Snap if you feel me, Clap if you with  
me  
I know distractions can happen  
Find your way back in, ask yourself

## **CHORUS x2**

## **BRIDGE**

(D – A – C – D progression)

Yo, can I get a word from the wise?  
To combat the rhythm, the myth, the  
lies it's like,  
Talking to a crowd that can't really  
hear  
Surrounded by people, do they  
really care?  
How will I know? Unless you're  
willing to show  
Your open heart and mind and let  
your words flow  
I will listen to you and you will listen  
to me  
Just by listening we can spread  
peace

## **CHORUS x2**

# The Lost Sock Blues

© 2018 The Mosaic Project

Music by Christian Tizon, Lyrics by Sandra Martin-Dent & Christabel Nunoo

*(recorded in Key of E-flat minor; play in any key with standard 12-bar I-IV-V blues progression)*

Bm Em  
The lost sock blues *(the lost sock blues!)*  
Em  
The lost sock blues *(the lost sock blues!)*  
Am  
Got feet, I've got shoes *(the lost sock blues!)*  
Em  
They ain't nothing without you *(the lost sock blues!)*  
Bm Am Em  
Can this be true I wish I knew

Bm Em  
Got a story to tell  
Em  
Didn't go very well  
Am  
Downtime at the pool  
Em  
I was actin' a fool  
Bm  
Was changin' my clothes  
Am  
Looked down at my toes  
Em  
Oh where'd my sock go?  
*And now I'm singing!*

## **CHORUS**

**(end= I am so blue, what will I do?)**

My sock's all alone  
They ain't got no home  
I was in such a rush  
Now I miss em' so much  
Left em' lying around  
All over the ground  
Now they're in Lost & Found  
*Sing it with me!*

## **CHORUS**

**(end= I am so blue, what will I do? x2)**

# Make It Fair

© 2022 The Mosaic Project

Music by Theresa Perez, Lyrics by Annabelle Baylin

**CHORUS x2**

B7

## If something needs repair

A7

## We can unite to make it fair

**B7**

If an unfair rule hurts you,

A7

It hurts me too

B7

Let's stand up and make a change,

A7

# There's so much we can do

D

A

E

D

It ain't you against me

D

A

# E

D

## Working together sets us free

C7

D

E

No challenge too big we dream of new possibilities

**CHORUS x2**

# If an unfair rule hurts you,

It hurts me too

Let's stand up and

## Make a change,

There's so much we can do

It ain't you against me

## Working together sets us free

No challenge too big we dream of new possibilities

**CHORUS x3**

# M. O. S. A. I. C. Is the Place to Be

© 2022 The Mosaic Project

Em

Bm

**M – O – S – A – I – C**

Am

Bm

Everyone knows that it's the place to be

Em

Mosaic let me hear you say it

Bm

*Mosaic! Mosaic!*

Am

Mosaic let me hear you say it

Bm

*Mosaic! Mosaic!*

# **Mosaic in Action**

© 2022 The Mosaic Project  
Music & lyrics by Freya Forstall

**Fighting for what's right in the world around me,  
Improving my community.  
Stopping injustice that you and I see  
That's Mosaic in Action, stand up assertively!**

E7 F E7 F  
We're interconnected so we're allies to our friends.  
G Bb  
We use our empathy to understand them.  
E7 F E7 F  
We assertively protest, when we see something wrong.  
G A Bb G  
We walk out, or sit in, or even write a song!

Am F C  
**Fighting for what's right in the world around me**  
G  
**Improving my community!**  
Am F G  
**Stopping injustice that you and I see**  
G7 C  
**That's being a "Mosaic citizen" to me!**

What do you care about and what are you going to do?  
Raise your voice high and follow through.  
The government's branches and leaders count on you  
You have the tools and the power to get them to listen to you!

Eb F Dm G  
But it can be hard, when I look around me and hurt is what I see  
Change isn't easy but together we can see a world of equality!

**Fighting for what's right in the world around me  
Improving my community  
Stopping injustice that you and I see  
That's "Mosaic in Action" x2 (— to me!)**



# The Mosaic Project Theme Song

© 2001 The Mosaic Project

Music by Brett Dennen, Lyrics by Brett Dennen and Lara Mendel

C G F G

**M** is for MUTUAL RESPECT

C G F G

Don't put me down and don't hurt me.

C G F G

**O** is for OPEN MINDEDNESS

C G F G

See me for who I am and don't judge me.

C G F G

**S** is for SELF RESPECT and **A** is for ATTITUDE

C G F G

You gotta love yourself and stay positive.

C G F G

**I** is for INDIVIDUALITY and **C** is for COMMUNITY

C G F C

When we come together in the places we live.

C G  
**MO MO MO MO MO saic**

F G  
**MO MO MO MO MO saic x4**

F G Am  
And if we live by these lessons

F G C  
And spread them across land and sea

F G Am  
We can create a better future

F G C  
And live together in peace.

**CHORUS**

# Paz

© 2003 The Mosaic Project

Music by Brett Dennen, Lyrics by Brett Dennen and Lara Mendel

F

Somos los niños.

C

Somos el futuro.

Dm Bb

Queremos paz.

A7 F

Tendremos paz.

C

Trabajamos por la paz.

Dm

Tendremos paz.

Bb

Queremos paz.

A7 Dm

Tendremos paz.

Bb7 A7

Tenemos mentes, Pensamos paz.

Dm Bb7 A7

Tenemos corazones, Sentimos paz.

Dm Bb7 A7

Tenemos almas, Somos paz.

Dm Bb7 A7

Paz vendrá, paz vendrá.

# **Peace Blockers**

© 2022 The Mosaic Project  
Music & lyrics by Gyasi Ross

Emaj7

There are three feelings

C#m7

That block us from peace.

A

Preventing empathy,

Emaj7

Stopping us from connecting.

You might feel guilty

“I’m such a bad person,”

“I’m always hurting

everyone else.”

C#m7

**These are peace blockers**

B

A

**Stopping us from being ourselves**

**These are peace blockers**

**They hurt and they never help. x2**

You might be defensive

“I didn’t do wrong here.”

Ignoring their thoughts

And their perspective.

You can blame someone

“Well it’s all your fault,”

“You did this to me.”

Giving away all your power.

**CHORUS x2**

C#m7

Bm7

This can happen to anyone

A

Check in with yourself

Take a deep breath

“Am I feeling guilty, blaming, or defensive?”

**CHORUS x3**

# **Peace High Five**

© 2022 The Mosaic Project  
Chorus by the Mosaic Team  
Music & lyrics by Will Harper

## **CHORUS x3**

**High five**

**Flip it**

**Drip it**

**Jelly fish it out**

**Peace!**

**Jelly fish it out**

**Peace!**

**Jelly fish it out**

**Peace!**

Mix it up

Sessle up

Say what's up

to someone else

Next to someone

You don't know

We call this

The Stretch Zone

What's your fears?

What's your goals?

Values?

You know how it goes

Sing along "Mamamo"

Tell me when to go

Every night we got a show

*Every night we got a show*

Touching hearts across the globe

*Touching hearts across the globe*

Spreading peace up in my neighborhood

*Peace!*

Follow what I do

## **CHORUS x3**

# Pick It Up (Homesickness Song)

© 2022 The Mosaic Project  
Music & Lyrics by Chano Tizon

E D  
I know that new places get scary, I know  
E D  
You know yourself better than anyone else.  
E D  
And even when your lonely you're not alone  
E  
And there is no place in the world that feels  
D  
like home  
E  
And you're never alone, somebody feels  
D  
exactly like you do  
E  
Break out of this mood with some  
F# G#m A  
Awesome-Attitude

## **PRE-CHORUS**

E D  
'Cause you're here now  
E D E D  
'Need you to seshle around  
E D E D  
Mix it up somehow  
E D E  
So you don't miss out

## **CHORUS x2**

E D  
Sing and shout  
E D  
Shake it all about (—around)  
E D  
When you're feeling down  
E E E F# G#m A  
Pick it up, up, up

Let's make this new place feel like home  
And the seasons will change just like you will  
Against all the odds you will have grown  
Because whoever you become isn't set in  
stone  
And you're never alone, somebody feels  
exactly like you do  
Break out of this mood with some  
Awesome-Attitude

## **PRE-CHORUS**

## **CHORUS x2**

## **BRIDGE**

F#  
Everybody gets homesick just a little bit  
G#m  
Everybody gets homesick just a little bit  
A  
Everybody gets homesick just a little bit

## **CHORUS x4**

# Salaam

© 1997 Sheva/Globalev  
Music and Lyrics by Sheva

A

**Od yavoh shalom aleinu x3**

D

**Od yavoh shalom aleinu**

A

F#m

**Od yavoh shalom aleinu**

D

E

A

**Ve al koolam.**

A

**Salaam.**

D

E

**Aleinu ve al kol ha'olam.**

A

F#m

E

A

**Salaam. Salaam. x2**

# **We are the Mosaic (The Closing Song)**

© 2001 The Mosaic Project

Music by Brett Dennen, Lyrics by Brett Dennen and Lara Mendel

D E A F#m  
We are all the many tiles, so different and unique

D E F#m  
Bound together in strength and unity.

D E A F#m  
We all make the Mosaic of our community

D E A  
And help the world to live in harmony.

D  
We must all do our share  
E  
To carry on what we learned here.

A  
We can teach our sisters and brothers  
F#m  
To appreciate ourselves and others.

Celebrate diversity.  
Feel free to be who you want to be.  
You can depend on me.  
Let's work to build community.

## **CHORUS**

Teamwork and cooperation  
Empathy and communication  
Prejudice we won't tolerate.  
We shall not discriminate.

Celebrate diversity.  
Feel free to be who you want to be.  
You can depend on me.  
Let's work to build community.

## **CHORUS**