

# Teacher

## Parent/Caretaker

# Workshops

The Mosaic Project offers professional development as well as parent/caretaker workshops to each of our partner schools. These workshops are intended to support teachers in the implementation of Mosaic lessons in the classroom and parents/caretakers in the reinforcement of these lessons at home. Some focus more on the teacher's and parent's own personal development. Please select from our list of offerings below. We can also tailor a workshop to your school's specific needs. We need at least 90 minutes to do one of the workshops below, but the more time, the better!

- **Anti-Racism in Action, Pro-Justice in Practice** (*four 90-minute virtual or two ½-day in-person sessions*)  
In this compressive introduction to the Mosaic curriculum, you will breakdown bias & subtle acts of exclusion, build communication skills to connect across differences, practice assertive conflict resolution, and envision & plan for a truly welcoming learning community.
- **Mosaic 101**  
New to Mosaic? In this brief experiential overview, you will learn a little bit of everything from Mosaic's history to the breakdown of stereotyping, prejudice, discrimination, and the isms to the 5 Tools for Conflict Resolution.
- **Community/Teambuilding**  
This workshop is a great way to kick-off the new school year. Connect as a team to build more trust and increase levels of empathy and communication. Develop your sense of purpose as individuals and as a team. We will play, connect, and inspire through a combination of icebreakers, teambuilding games, and reflection activities.
- **"Bully" is a Stereotype: Teaching our Children to be Strong without Being Mean**  
"Bully" is a huge buzzword amongst parents, teachers, and children. While "bullying" is a serious issue we want to address, what happens when we describe children as bullies? Mean girls? Bad kids? This semi-interactive and discussion-based workshop will explore different ways of responding to aggressive behavior and what it really means to be assertive. Participants will learn new language and tools for handling emotional and physical violence, and gain new insights into what it means to be a peacemaker.
- **Power and Privilege**  
What does it mean to be privileged? What does it look like? What is power? Is it a good or bad thing? What does it mean for my classroom/my school/my community/the world? Expect all these questions and more to be explored through a series of games, activities, and discussion in this immersive, experiential workshop!
- **The Everlasting Gossip-Stopper**  
Gossiping is a serious topic, but you are guaranteed a good laugh in this fun workshop! Don't get sucked into the gossiping vortex. Learn easy steps to redirect gossip in a way that is productive and respectful through experiential exercises and hilarious role-plays.

- **Cross-Cultural Communication: *Developing Understanding and Empathy Across Lines of Difference***  
So, by now you know all the tools: you use I-Statements in your classroom and everyday life and you try your best to be assertive in every instance—so much that maybe you’ve been criticized for being “too assertive.” Can someone really be *too* assertive? Or maybe everyone around you is too passive? Too aggressive? This thought-provoking, experiential and discussion-based workshop will examine how we communicate in our own comfort zones and how we can bridge the gap to meet our students, children, colleagues, and our friends in theirs.
- **It Just Got Real: *How to talk with kids about race, gender, privilege, or any other topic they bring up.***  
It can be overwhelming to know that our students are growing in this vibrantly complex and at times very intense world. They are learning very quickly that everything is not perfect. Rather than shielding them or toughening them up, this discussion-based workshop will inspire insight on how to have real talks with kids about challenging issues.