

Helpful Tips for Families

COMMUNICATION

Except under the most unusual circumstances, students will NOT be permitted to talk with their parents over the telephone for the following reasons:

- 1) We find that these conversations often increase homesickness and delay children's adjustment to the Outdoor Project. Additionally, when one student talks to their family and the word spreads that they have done so, homesickness can spread throughout the entire community. Homesickness is contagious!
- 2) We will keep the students very busy during the program. We do not want to have to pull them away from their groups to come to the phone.

In case of an emergency, families may call 510-452-3377 or their teacher's cell number

THE FACILITY

Camp MayMac is located at 9115 E. Zayante Rd. in Felton. It is a beautiful site complete with redwoods, meadows, a pond, and a creek. It includes 12 cabins for students to sleep in, restroom and shower facilities, hiking trails, creative playgrounds, a campfire circle, and last, but definitely not least, a swimming pool. Weather permitting, we will give the students the opportunity to swim each day with a certified lifeguard present.

SUPERVISION

The students' physical and emotional safety and well-being are our primary concerns. The students will be supervised 24 hours a day, and Cabin Leaders will sleep in the cabins every night. Our staff to student ratio is approximately 1 to 6. We feel very lucky to be able to give all students the attention they deserve, and we ask you to support us in taking advantage of that opportunity by encouraging your child to go to an adult with any questions, concerns, or issues that may arise during their week at the Outdoor Project.

HEALTH AND SAFETY

Because your child's safety is so important to us, we must strictly enforce our rules regarding safety. Any child who cannot comply with these rules must be removed from the program by their parent or guardian.

Our staff is trained in First Aid and CPR. Some staff members hold advanced certifications such as Wilderness First Responder. A full-service hospital is located nearby in Santa Cruz. Because the children will live in close quarters in the cabins, please **do not send a child with a communicable disease** such as strep throat, flu, chicken pox, head lice, COVID 19, etc.

MEDICATION

Students with severe allergies and/or asthma should bring two allergy shots/kits, Epi-pens, inhalers, etc with them. One will be kept on the student and the other with the staff. **ALL OTHER MEDICATION MUST BE GIVEN TO YOUR CHILD'S TEACHER** who will administer it to the students when needed. **Medication sent with your child must be in its original container with complete instructions** for administration. Please discuss your child's medication needs with their teacher.

We are equipped with many over-the-counter medications for headaches, stomach distress, and colds, so it is not necessary to send these types of medication. If your child needs over-the-counter medication during the week at the Outdoor School, we will administer it **ONLY** with your written permission on the medical information form. Please be sure to fill this out completely, with specific information regarding physical limitations, allergies, and medication.

*****NOTE:** If your child has any special physical, medical, or dietary requirements, please write them on the medical form as well as discuss them with your child's teacher so that we can assure your child receives the best possible care.*